Date: __________________

Dear ______________________________:

We invite you to participate in a research study that we are conducting called the PKU & DHA Study. This study will help us improve nutrition guidelines for optimal health in PKU.

**What is the PKU & DHA Study?**

In this study, we are seeing if taking DHA, a type of fat found usually in fish oil, improves cognition (for example, how fast your brain works). Participants are assigned to take either DHA or placebo supplements for 4.5 months. There are two (2) study visits at Emory University: one at the beginning and one at the end of the study. Each study visit lasts about three (3) hours. The study visits involve a blood draw, cognitive testing, and brief surveys. Participants are also asked to submit diet records and filter paper blood spots each month. The information sheet included with this letter has more details about the study.

**Has anyone else participated?**

Yes. Sixteen participants have completed or are currently in the study. Our goal is to complete 24 participants, and we are currently enrolling until we reach this number.

**Do I have to participate?**

No. Your participation is completely voluntary. Whether you participate or not will not affect how you are treated at camp or with your regular medical care.

**What do I do if I am interested?**

- If you are under the age of 18, please discuss this study with your parent(s)/guardian(s).
- **Contact us:** telephone: 404-778-1286  
  e-mail: sarah.yi@emory.edu  
  toll-free: dial 1-800-366-1502, press 0, ask for extension 8-1286  
  mail: 2165 N. Decatur Rd; Decatur, GA 30033; attn: Sarah Yi

Thank you in advance for considering the PKU & DHA study!

Sincerely,

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